

River Inn Yoga Retreat – Meet our Team

Samantha Clayton, RYT 200



I stumbled upon my yoga journey by mistake. My first official yoga class was after a cardio workout at a gym as a sort of stretch to end the day. That was the day my perspective forever changed about what yoga was and has led me to my passion today. Yoga has helped me to realize the importance of bringing my mind and body into the present moment on a daily basis. I enjoy sharing this sense of peace with those who share their practice with me. Although power flow has been

my first true yoga love, I am discovering more and more the amazing benefits that come with a nice relaxing restorative class. I have recently received my 200-hour certification, but am continuing to learn with every class and every yogi/yogini that join me. When off the mat I can be found exploring the world with my kiddos, throwing a ball for one of my rescue pups or relaxing and enjoying a glass of wine with my husband.

Joshua Feeney, RYT 200



Greetings, my name is Joshua Feeney. I found my passion for Yoga in 2013 by attending some classes of my friend who was getting his certification at the time. I fell in love with the breath and synchronizing it with movement. Over time Yoga has grown into a lifestyle for me, along with fitness and health. Yoga has given me great balance in life and understanding of not only myself but in every aspect. My specialty is power vinyasa, I love to incorporate strength and fluidity. I obtained my 200 hr certification about a year ago and plan to achieve the 500 hour certification.

Megan Louvin, RYT 200



I came to Yoga late in life, but am so glad I did. The impact on my life has been profound. I began practicing in 2005, when I was 38. I have been teaching since 2010. I also teach cardio classes, and I am able to bring a heightened body awareness, that is so essential to yoga, into that arena. This makes my cardio workout much more balanced and beneficial. I had no idea when I began this journey that I would one day open my own studio. What a blessing it is to be able to do what I am so passionate about. I could not have foreseen just how beautiful and fulfilling teaching would be. It just goes to show that you CAN teach and old dog new tricks!!

Larissa Montez, RYT 500



Hello! My name is Larissa, and I found yoga nine years ago. I graduated from Yoga Yoga Austin with the 200-Hour Hatha Flow Certification, and I'm thrilled to embark on this lovely journey of teaching. My goal as a yoga teacher is to offer a dynamic yet harmonized yoga class, so you as the student can completely enjoy and appreciate your full potential. I look forward to our voyage. Namaste.

Tiffany Murphy, RYT 200, Pilates Certified



Hello, my name is Tiffany. I started practicing yoga in 2015. I started practicing at home, then I stumbled into The Yoga Den. The Yoga Den had become my happy place, I was attending every day to get a sense of peace in my life. I noticed yoga was helping me mentally and physically. I started to focus more on reality and not the pictures of my past, nor the fears of my future but rather the present tense (reality). I started to become more aware of my thoughts. This gave me the sense that this will be a lifetime practice for me. The owner, a few students and some instructors were encouraging me to become a teacher. With much persuading, I took my classes to become an instructor, and I am happy I did. I enjoy teaching, I enjoy meeting different people, and the energy they bring while in class.

Elizabeth Kertesz, RYT 200



I have been practicing yoga for many years, but became more deeply committed to a regular practice in 2012, when I began attending prenatal yoga classes while pregnant with my son. A recent graduate of VIP Unlimited Yoga School, hosted here at the Yoga Den, I am thrilled to reach out to the community by teaching yoga to beginners. One of the many beautiful things about yoga is that you can start wherever you are right now in your journey and keep going from there. Each moment, each breath and each posture can be experienced as if it is the first time, and I strive to cultivate this sense of "beginners mind" in my teaching style and in my approach to life.

Robin Anthony, Massage Therapist



Hi, I'm Robin and I've been practicing massage and bodywork for 8 years in San Antonio, Texas. My strengths are deep tissue and neuromuscular massage. I enjoy my work and appreciate each session allowing it to be unique to my clients needs.

Dylan Tanner, Award-Winning Singer/Songwriter



Dylan Tanner Hink is an award winning singer songwriter from Bandera, TX. He has released 3 studio albums, was coined Best Singer Songwriter by the San Antonio Current for 2015's San Antonio Music Awards, and won 1st place in the 2019 Corpus Christi Spring Songwriting Competition with his song "High". He was invited to perform at the 2019 and 2020 Corpus Christi Songwriters Festival among songwriting legends Susan Gibson, George Ensle, Ian Moore, Claud Butch Morgan, Stephen K. Morris, Jeff Plankenhorn and Adam and Chris Carroll.

Our SUP yoga outfitter is Jolly Roger SUP. Learn more at www.jollyrogerSUP.com.

Special thanks to Megan Louvin and the Yoga Den for making this event possible.
www.yogadensa.com.